

# monthly maintenance

I CARE FOR MY SPACE SO IT CAN CARE FOR ME

## Decide what will keep your house functional

Choose between 6-12 tasks (you may want some tasks to be done twice a year). Below are some suggestions. Assign each task a month.

Remember, while there are a lot of suggestions out there on how often to do these things, there is no universal right way. The right way for you is anything that keeps your space functional without overwhelming you.

You may be tempted to add several things to each month. If you are already in the habit of doing several things each month then go for it.

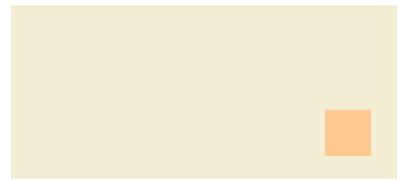
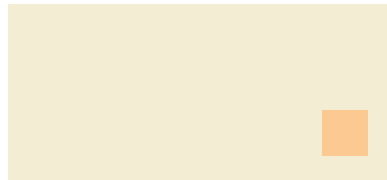
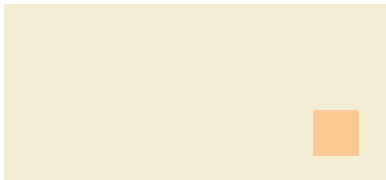
However, if you are just starting out it may be best to stick with one and see how it goes. Some items on this list may simply not matter to you and that's ok. Some may seem like too much for you and it's ok to skip those items. It's better to have a low-key home care plan that you feel empowered to do than a perfect one that is left undone or adds stress to your life. Don't forget you can always ask or pay for help with these items. Having a plan allows you to predict and prepare.

- **Change air filter**
- **De-salinate coffee pot**
- **Deep clean carpets**
- **Vacuum & flip mattresses**
- **Clean oven**
- **Vacuum couches**
- **Wash curtains**
- **Wash windows**
- **Deep clean fridge/freezer**
- **Clean under furniture**
- **Clean out & organize pantry**
- **Clean inside cabinets**
- **Purge & donate toys**
- **Clean gutters**
- **Purge & clean closets**

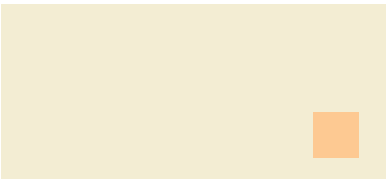
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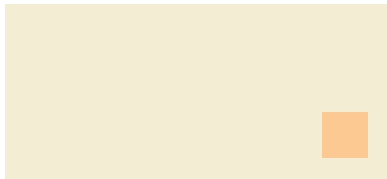
**January February March**



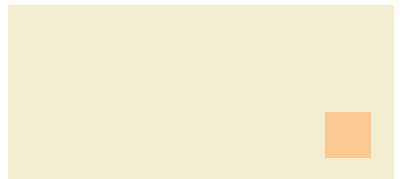
**April**



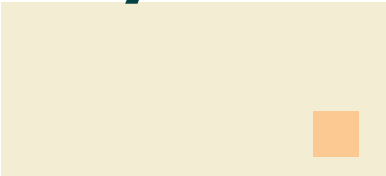
**May**



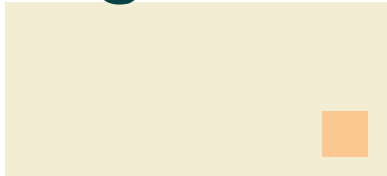
**June**



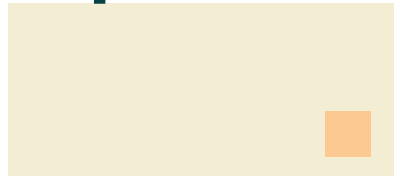
**July**



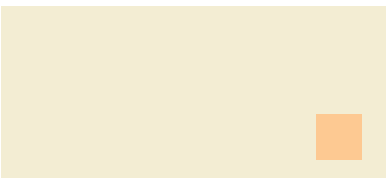
**August**



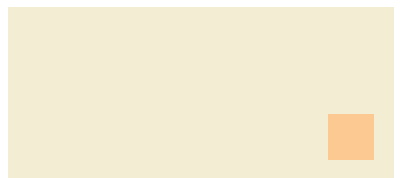
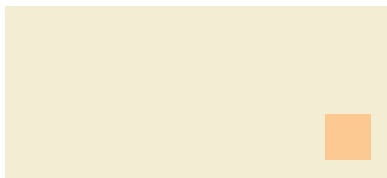
**September**



**October**



**November December**



*If you did something joyful this year then you did enough. What is life for anyways if not joy?*