

# Moving Guide

**A step by step guide**  
**to organizing your move**  
**when you feel overwhelmed**



**KC DAVIS** struggle  
care

# Prep: Moving & Packing

## Choose Moving Company

Using the form included, research local moving companies and choose your provider. Write your moving company & their phone number here:

---

---

## Source Boxes

When it comes to packing, most moving companies offer packing services. This means they come to your house, bring the boxes, and pack all your things for you. You pay for the boxes but don't have to get them yourself.

One option is to rent moving crates. These are large plastic crates that get dropped off at your home. They are larger than boxes, protect your stuff better, and are the most eco-friendly option. The downside is you have to pack & unpack quickly since you typically pay by the day. Google moving crates + your city to see options.

If you are sourcing free boxes, check buy nothing or neighborhood groups on facebook. You can also ask liquor stores or businesses if they have extra boxes you could have.

## Schedule Move

Write the date and time of your move here:

---

---

- I'm getting packers, they'll bring the boxes
- I am going to purchase boxes
- I am going to rent crates
- I am going to source free boxes
- I will need some boxes for decluttering before the move

My plan for getting boxes/crates:

---

---

---

---

---

## How many boxes do I need?

How many boxes you need depends on how large your space is and how many people are living there. The following estimates range from fewer people & less stuff to more people & more stuff, depending on how many bedrooms you have.



### Studio/1 bedroom:

10-20 small, 10-20 medium, 3 large boxes.

### 2-3 bedrooms:

15-30 small boxes, 20-40 medium boxes, 8-10 large boxes.

### 4+ bedrooms:

25-50 small boxes, 25-50 medium boxes, 15-20 large boxes

# Prep: Utilities & Records

Below is a list of possible utilities, addresses, and records you may need to transfer or change. You can use this page as a checklist and rewrite your list on the next.

## Services & utilities to transfer

- electricity*
- gas*
- water*
- lawn service*
- pest service*
- alarm system*
- internet*
- cable*
- housekeeper*
- Rental insurance*

## Address Changes

- post office change of address*
- bank & credit cards*
- driver's licenses*
- employer records*
- loan providers*
- for USA: IRS (you can use form 8822)*
- insurance providers*
- subscription services*
- amazon prime default address*
- kid's schools*
- medical offices*
- delivery apps*

## Records to transfer

- Vet records to new vet*
- Medical records to new offices*
- Update preferred pharmacy*
- 
- 
- 
- 
-

# Prep: Utilities & Records

Fill out the list with utilities, address changes, and records you need to transfer and check the boxes as you complete.

## Services & utilities to transfer

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

## Address Changes

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

## Records to transfer

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

Movers	Packing	Crew	weekday move	weekend move	Minimums	Billing starts
Big boy movers	same as hourly. Boxes are 2.50 for med and 3.50 for large	2 men: 6-8 3 men: 4-6	85/hr 114/hr	95/hr 124/hr	none	when they arrive.
2 men and a truck	Same as move hourly plus cost of supplies. Supplies typically cost between 400-600	2 men: 6-8 3 men: 3-4	110/hr 145/hr	124/hr 160/hr	none	roundtrip: when they leave their location until they return.
Htown moving company	Base fee 81. Hourly is same as moving plus supplies cost. 3 person crew.	3 men: 24' truck:85 4 men: semi truck:186	150/hr 195/hr	165/hr 215/hr	2 hour min 5 hour min	when they arrive.
Student movers	3 men @ 165/hour plus supplies cost.	3 man crew	165/hr	165/hr	2 hour min	when they arrive.

Billing starts

Minimums

weekend  
move

weekday  
move

Crew

Packing

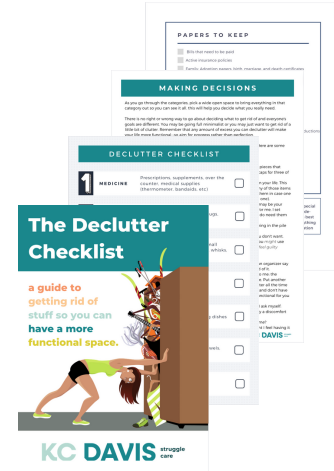
Movers


# Before you pack

Steps to take before you begin packing.

## Decluttering

If you have the ability, it is always nice to declutter and purge items you are no longer using before the move. It can be frustrating to realize you have paid someone to move something you don't even want anymore. If you want more help with decluttering, be sure to check out my Decluttering Guide which will walk you step by step through the process.



## Pre-packing

- Pack a bag for one week (clothes, toiletries, etc.)
- Set aside pet crates
- Make a box of things that stay with the house (this way friend or movers don't accidentally pack fire extinguishers, hardware, or that weird shelf you took out of the fridge six months ago.)
- Pack and label a box of "48 hour essentials" for the first couple of days. For example, some dishes, a child's favorite blanket, toilet paper. This way you will not have to open 75 boxes just to eat some food and go to the bathroom when you first get to your new home.
- If anyone is packing/unpacking for you or with you, pack up anything you do not want others seeing or handling. This could be your private financial documents, a fragile heirloom, or your adult toys.

# Packing & Unpacking

1. If you feel overwhelmed, start with the smallest room and go from there. The kitchen is often the most labor intensive so its a good choice to get out of the way early.
2. Get a bunch of ziploc bags in different sizes. These will be helpful to grouping small items together within boxes. For example, silverware can be bagged in a gallon bag and small hardware can be bagged in a snack baggie and taped onto the furniture it belongs to.
3. Write on each packed box the destination room. Using color coded labels can also help identify where boxes go quickly.
4. Mark boxes as fragile, open first, or any other identifier that will be helpful when unpacking.
5. If you don't have bubble wrap or packing paper, use your clothes, towels, and sheets to wrap dishes or vases.
6. If you take cords off of appliances or electronics, use a piece of masking tape to label it so you know what it goes to.
7. Put groups of hanging clothes, still on the hanger, inside of trash bags and tie at the top with the hangers poking out.
8. Use a moving blanket to move a TV and always prop them up in the truck (dont lay them flat).
9. Don't empty dresser drawers. Take the drawer out and wrap it in plastic wrap.

## KC's 2 cardinal rules for unpacking

1. I always unpack the kitchen first and kid's rooms second. Those are the most important rooms to have done before the first night. Getting kid's room all the way set up goes a long way in helping kids feel comfortable in a new space.
2. After those rooms are totally set up, I give myself 24 hours to unpack every box. You heard me right, all boxes out of the house within the next 24 hours. This means I don't concentrate on putting everything away perfectly. It means getting things out of boxes and into piles in the rooms they belong in. This is a personal rule for me because I have learned the hard way that at some point I will lose steam and when that happens I end up saying "I'll get to those boxes later" and putting them aside. You know what happens every time I do that? Fast forward one year and the boxes are still there. I will ignore a box and the contents inside will be invisible. At least with a pile of stuff on the floor I can see what I have and get around to organizing it at some point.