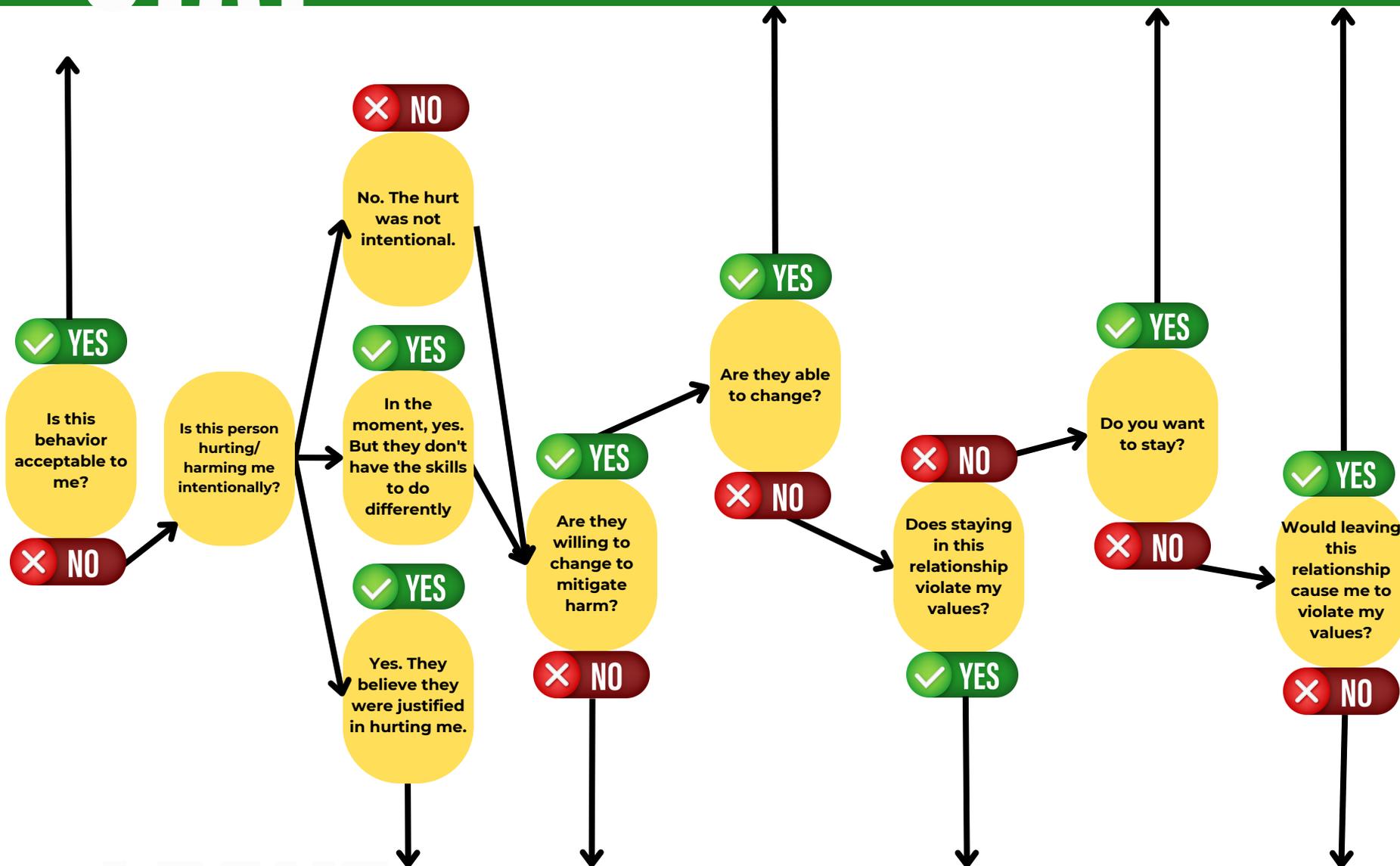


Give yourself permission to

STAY

& implement boundaries to protect your wellbeing

RELATIONSHIP DECISION TREE



Give yourself permission to

LEAVE

permanently or temporarily